



PRE-OPERATIVE INSTRUCTIONS FOR VENASEAL CLOSURE SYSTEM

1. Please **arrive 60 minutes** prior to your procedure time.
2. Please be prepared to spend one to two hours in our office. Though the procedure does not last the entire time, it allows time to prepare you pre-operatively and post-operatively.
3. If you will be using Valium for your procedure, we recommend you make preparations for a driver to take you home the day of your procedure. Your driver does not have to wait during your procedure if he or she can be contacted by us when it is time for you to be discharged.
4. If you have any known drug or latex allergies, please notify us prior to your surgery date.
5. **If you are on any blood thinners (e.g. Coumadin, Plavix, aspirin therapy above 325mg per day, etc.) and have not discussed these with us, please notify us prior to your procedure date.**
6. Continue taking all other medications and/or supplements as prescribed by your primary care physician or specialist(s).
7. If you feel that you will be anxious during the procedure, your physician can discuss options to aide in your comfort. We offer patients the Pro-Nox Nitrous Oxide System at a cost of \$30.00 which is NOT covered by insurance **OR** (if recommended by your physician) valium can be used to decrease your anxiousness; however you do not have to take advantage of either of these. If chosen, valium will be called into your pharmacy the day prior to the procedure by 4:00 pm. Please bring the medication to the procedure with you and our clinical staff will advise you when to take it. You will **keep your remaining tablets** for future procedures. **Use of valium for a procedure does require that you have a driver with you.** If these options have not been discussed with you please give our clinic a call to review this with you.
8. **It is recommended that you begin Motrin/ Ibuprofen 24 hours prior to the scheduled VenaSeal procedure and continue use through 48 hours after the procedure. Please take Ibuprofen as directed on the bottle. Please notify your physician if there is any reason that you cannot tolerate Advil, Motrin, or Ibuprofen products prior to your scheduled procedure date.**
9. Be sure to stay hydrated by drinking several eight ounce glasses of water the day before and the day of surgery.
10. Though we recommend bathing the day of your procedure, please refrain from using body moisturizers (lotions, creams, oils) on the leg that will be affected the day of surgery.
11. Prior to your appointment please shave the leg up to 1-2 inches below the groin area on that side.
12. **You do not have to fast prior to your procedure.** You may eat and drink until the time of your surgery. We recommend light meals on the day of surgery. Also, avoid multiple carbonated or caffeinated beverages as they may act as diuretics.

If you have any questions regarding the pre-operative instructions or any questions that we have not addressed, please call 205-815-4800.



Vein Center