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## PREOPERATIVE INSTRUCTIONS FOR SCLEROTHERAPY PATIENTS

1. Shower before your visit as you will not be permitted to shower for 24 hours after the procedure.
2. Please arrive 30 minutes prior to procedure.
3. Expect to be in our office around a half hour for your procedure.
4. Do not apply any type of moisturizer to your leg on the day of the procedure.
5. Wear loose clothes-pants/shorts and shoes- because leg will be wrapped with thick ace wrap after procedure.
6. Eat and drink prior to procedure. No fasting required.
7. **If you are on any blood thinners (e.g. Coumadin, Plavix, Xarelto, Eliquis, Brilinta, Pletal, Effient, ASA therapy above 325mg per day) and have not discussed these with us, please notify us prior to your procedure date.**
8. If you have a history of Strokes, Migraine headaches, PFO, or ASD, please notify the office prior to the procedure.

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